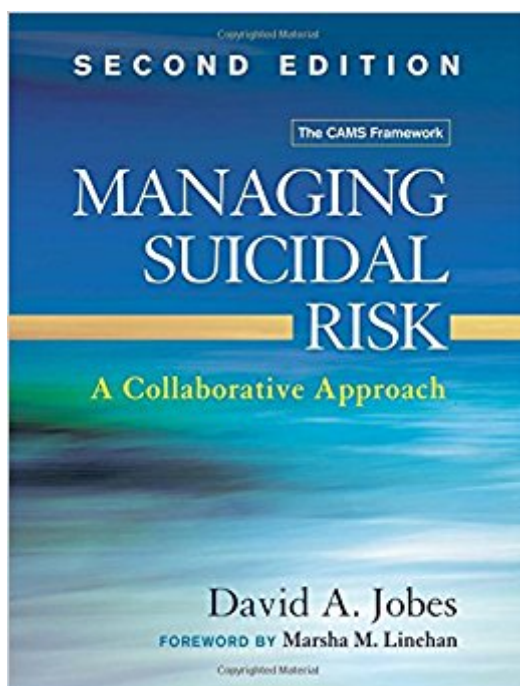


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# Managing Suicidal Risk, Second Edition: A Collaborative Approach



## Synopsis

The Collaborative Assessment and Management of Suicidality (CAMS) approach has garnered a strong evidence base and has been implemented by thousands of therapists from a range of orientations in diverse clinical settings. This extensively revised manual provides a proven therapeutic framework for evaluating suicidal risk and developing and implementing a suicide-specific treatment plan that is respectful, empathic, and empowering. In addition to their clinical utility, the procedures used for assessment, treatment, and progress monitoring within CAMS can help reduce the risk of malpractice liability. In a large-size format for easy photocopying, the book includes all needed reproducible tools for implementing CAMS, including the Suicide Status Form-4. Purchasers also get access to a Web page where they can download and print the reproducible materials. For CAMS training opportunities with David A. Jobes, visit <http://cams-care.com>. New to This Edition \*Incorporates a decade's worth of extensive clinical research. \*Fully revised with a greater focus on CAMS as a framework for clinical intervention--not just assessment. \*In-depth case example followed throughout the book. \*Describes innovations to the approach, such as how to target and treat patient-defined "suicidal drivers." \*Additional reproducibles (CAMS Therapeutic Worksheet and CAMS Rating Scale), plus a new version of the Suicide Status Form.

## Book Information

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## Customer Reviews

"CAMS dramatically decreases suicidal ideation and overall symptom distress while increasing hope, patient satisfaction, and retention to clinical care. We suicidologists believe suicidal

people must be meaningfully understood, appreciated, and given particular skills to find their way in life. This book is a major contribution in this singular pursuit."--from the Foreword by Marsha M. Linehan, PhD, ABPP, Professor and Director, Behavioral Research and Therapy Clinics, University of Washington "There are few books that I recommend hands-down as 'must reads' for all behavioral health clinicians--this is one of them. In this second edition, Jobes has succeeded in summarizing a prolific 30-year clinical research career in suicidology into a can't-put-it-down, novel-like professional resource. The evidence-based CAMS approach in this book has saved lives and will continue to save the lives of patients at high risk for suicide."--Alan L. Peterson, PhD, ABPP, Aaron and Bobbie Elliott Krus Endowed Chair in Psychiatry, University of Texas Health Science Center at San Antonio "This book provides powerful, evidence-based tools for engaging patients and managing the situations that tend to unnerve clinicians the most. CAMS offers a way for clinician and patient to work as a team using the self-identified drivers of distress in the patient's language. The approach is refreshingly patient-centered and collaborative--the way most clinicians wish they could work. It allows the clinician to be courageous, honest, and to relinquish the illusion of control, while having a potentially life-saving impact. Crossing any lines of theoretical orientation, CAMS can be readily implemented 'in the trenches.' I hope this fantastic book becomes a cornerstone in every clinical training program in the mental health disciplines."--Christine Moutier, MD, Chief Medical Officer, American Foundation for Suicide Prevention "CAMS is a prominent feature of the clinical landscape of therapeutics for suicidality. The second edition of this manual is an eagerly awaited update that reflects significant research advances, making it an essential addition to the modern clinician's toolbox. CAMS is effective, and, crucially, it is well liked by both patients and clinicians. This book offers an articulate and practical account of a leading therapy."--Thomas Joiner, PhD, The Robert O. Lawton Distinguished Professor of Psychology, Florida State University "Jobes is one of the leading forces in suicide prevention, whose ideas and thinking have led to untold advances. The influence of CAMS can be seen within all of today's most established approaches to reducing suicidal behavior. Flipping through the well-worn pages of my copy of the first edition of *Managing Suicidal Risk*, I didn't think it would be possible to improve upon it. But true to form, Jobes has knocked it out of the park. This second edition synthesizes our rapidly expanding knowledge of safe and effective care for suicidal patients. It is an essential tool for any clinician."--Craig J. Bryan, PsyD, ABPP, Executive Director, National Center for Veterans Studies; Department of Psychology, University of Utah "This book is indubitably a masterpiece and ought to benefit providers and patients alike.... Those of us who, due to the nature of our practice or preference, can see the

patients along the continuum--from inpatient to outpatient care--will gain a lot from this book." (on the first edition) (Journal of Clinical Psychiatry 2008-05-01)"User-friendly....This manual packs quite a wallop for a book so deceptively easy to read. It is a genuine advance in the state of the art and science of suicide prevention." (on the first edition) (PsycCRITIQUES 2007-07-01)"An essential addition to any clinician's repertoire of books, especially for those interested in working with depressed clients. The success of the CAMS framework and what sets it apart from other treatment approaches is the emphasis placed on understanding the broader, underlying issues at the core of the suicidal patient. Jobes provides an alternative approach instead of the traditional focus on suicidal ideation as a symptom of a broader psychopathology. Moreover, it is clear that Jobes speaks from a scientist-practitioner perspective as evidenced by his extensive knowledge and activity in suicide research as well as by his personal case examples. Jobes successfully provides the clinician with the light needed to help those individuals who have been trapped by the darkness of suicide." (on the first edition) (Journal of Contemporary Psychotherapy 2008-12-01)"David Jobes, an expert in the field of suicidology, offers an innovative method of approaching...assessment, treating, and tracking outcomes with suicidal individuals....The text is likely to resonate with a wide variety of clinicians, from the novice to the expert with years of experience." (on the first edition) (Bulletin of the Menninger Clinic 2008-12-01)

David A. Jobes, PhD, ABPP, is Professor of Psychology and Associate Director of Clinical Training at The Catholic University of America. He is also Adjunct Professor of Psychiatry in the School of Medicine at the Uniformed Services University of the Health Sciences. With research interests in suicidology for over 30 years, he has published extensively in the field and routinely conducts professional training in clinical suicidology, professional ethics, and risk management. Dr. Jobes has served as a consultant to the Department of Defense, Veterans Affairs, the Centers for Disease Control and Prevention, and the Institute of Medicine of the National Academy of Sciences. A past president of the American Association of Suicidology (AAS), he serves on the Scientific Council and Public Policy Council of the American Foundation for Suicide Prevention. His work has been recognized with the Marsha Linehan Award for Outstanding Research in the Treatment of Suicidal Behavior and the Louis I. Dublin Award for Career Contribution to Suicide Prevention from the AAS, among other honors. Dr. Jobes is a Fellow of the American Psychological Association and is board certified in clinical psychology. He maintains a private clinical and forensic practice in Washington, DC.

I was so excited to get my second edition of this book. The first edition was an awesome learning experience for me and I did not believe it could be improved upon. Yet, Dr. Jobes has taken it to another level! His voice in the book is eloquent and reads as if he was sitting right there with you. This amazing intervention has many decades of research supporting it and should be in every clinician's repertoire of evidenced based interventions. CAMS collaborative approach allows the patient and therapist to communicate honestly and openly without fear. CAMS is comprehensive and easy to learn! I encourage all who work in the helping field to purchase this book and attend Dr. Jobes training. It has saved and will continue to save many lives in the future.

This is a good book to have as an adjunct to the CAMS training (although not required). It provides context, research and in depth explanations of this intervention, as well as clinical examples. The only complaint I have; in the parts that include clinician scripts/suggested language, the speaking/reading level is way above the accessible fifth grade level suitable for most of the population I work with. I would suggest simplified language in future editions. The material gives me confidence to work with, and more importantly collaborate with, suicidal clients. It's a very client centered approach which is easy to replicate with high fidelity in practice.

After attending a conference with Dr. Jones, I bought this book and have utilized it's methodology and documentation work sheets with a 15 year old boy who had just been discharged from a week's stay at the hospital for suicidal ideation and behavior. It proved highly effective and the best possible way to track elements of risk, while also working toward the relevant goals for choosing to live. This was masterful and research based practice addressing risk to suicide specifically, while including a collaborative stabilization plan.

I got this for my Suicidology class and have to say I really like the CAMS format! Very easy to follow and the book is good at explaining different aspects of it and why you should say one thing or another.

I'm a clinician implementing new suicide prevention protocols in my job. I read this to further expand my knowledge and this was helpful. Very interesting!

This book is amazing, and a must have for any Psychologist who works with suicidal patients.

Book is as advertised. I would buy from this seller again.

Dropped the nut job that ordered this , was not worth my sanity

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